 **ASPIRE Early Year Consultant Course**

**Course Director: Miss Kaji Sritharan**

23rd & 24th June 2025

The Royal College of Surgeons of Edinburgh,

The Walker Building, 58 Oxford Street, Birmingham, B5 5NR

**Programme**

**Day 1: Monday 23rd June**

**0830-0900 Registration + Coffee**

**0900-0915 Introduction – Why are we here?**

* Miss Kaji Sritharan, Consultant Vascular Surgeon & EYC Course Director

***Job Planning: Chair – Mr Ansy Egun***

**0915-0945 Your Changing Roles as a Consultant over Time**

* Mr Keith Jones, Consultant Vascular Surgeon, President-Elect VSGBI

**0945-1015 Negotiating a Job Plan that works for you**

* Mr Marco Baroni, Consultant Vascular Surgeon, York

**1015-1035 Discussion**

**1035-1055 Coffee Break**

***Complaints: Chair – Prof Ian Chetter***

**1055-1125 Why do New Consultants get in Trouble? Complaints to the GMC**

* Mr Nadeem Malik. Employer Liaison Adviser - West Midlands, GMC

**1125-1155 Preventing Complaints Escalating**

* Ms Nicola Lennard, Medico-legal Advisor, MDU

**1155-1215 Discussion**

**1215**-**1300** **Lunch**

***Systems and Change: Chair – Mr Marco Baroni***

**1300-1330 Vascular Society Reviews – Lessons Learnt**

* Prof Chris Imray, Chair of the Professional Standards Committee

**1330-1400 Sexual Harassment in Vascular Surgery – Leading Change**

* Miss Mei Nortley, Consultant Vascular Surgeon, Oxford

**1400-1420 Discussion**

**1420-1440 Coffee Break**

***The Emotional Burden of Practice: Chair – Mr Andy Heeps***

**1440 -1520 Managing the Emotional Burden of Practice**

* Ms Becs Winterborn, Consultant Vascular Surgeon & Certified Coach with Ian Chetter, Andy Garnham

**1520-1550 Failing Intelligently – Learning from the Impact of Failure**

* Miss Caris Grimes, Consultant Colorectal Surgeon, Medway

**1550-1610 Discussion**

**1610-1700 Optional Session on Mentoring** facilitated by Becs Winterborn

**7PM: COURSE DINNER**

**Day 2: Tues 24th June**

**0800-0830 Registration + Coffee** (Tutorial Room 4, Lower Ground Floor)

***The Organisation and You: Chair – Mr Andy Garnham***

**0830-0900 My Career as a Consultant – What I would do differently with the knowledge I have now**

* Mr Ian Chetter, President VSGBI

**0900-0930 Achieving & Maintaining a Work-Life Balance**

- TBC

**0930-1000 Private Practice – the good, the bad and the ugly**

* Mr Prakash Saha, Consultant Vascular Surgeon, London

**1000-1020 Discussion**

**1020-1040 Coffee Break**

***Coroners Court: Chair – Prof Ian Chetter***

**1040-1110 Coroner’s Court – a Doctor’s Perspective**

* Ms Rachel Sam, Consultant Vascular Surgeon, Birmingham

**1110-1140 Coroner’s Court – a Lawyer’s Perspective**

* Mrs Teresa Hargreaves, Personal injury & Clinical Negligence Barrister, No5 Chambers, Birmingham

**1140-1200 Discussion**

**1200-1240 LUNCH**

***Changing the Culture & Conflict Management: Chair – Mr Ansy Egun***

**1240-1320 Changing the Culture within the NHS**

**-** Mr Andy Heeps, Deputy Chief Executive at University Hospitals Sussex

NHS Foundation Trust; Consultant Obstetrician

**1320-1400 Managing Conflict within a Team**

* Miss Kaji Sritharan, Consultant Vascular Surgeon & EYC Course Director

**1400-1420 Discussion**

**1420-1440 Coffee Break**

***Driving Change: Chair – Miss Kaji Sritharan***

**1440-1520** **Developing a Business Plan**

* Mr Dan Carradice, Consultant Vascular Surgeon, Hul**l**

**1520-1600 Making a Difference in the NHS**

* Ms Stella Vig, Consultant Vascular Surgeon & National Medical Director for Secondary Care and Quality

**1600-1620 Discussion**

**1620-1630 Close of Meeting**

**Faculty**

1. Miss Kaji Sritharan, York
2. Mr Andrew Garnham, Birmingham
3. Mr Ansy Egun, Preston
4. Prof Ian Chetter, Hull
5. Prof Chris Imray, Coventry
6. Mr Andy Heeps, Brighton
7. Mr Keith Jones, Frimley
8. Mrs Teresa Hargreaves, Birmingham
9. Ms Nicola Lennard, MDU
10. Ms Rachel Sam, Birmingham
11. Mr Nadeem Malik, GMC
12. Miss Stella Vig, London
13. Mr Marco Baroni, York
14. Mr Prakash Saha, London
15. Miss Mei Nortley, Oxford

**Sponsors**

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