

ASPIRE Early Year Consultant Course

Course Director: Miss Kaji Sritharan

23rd & 24th June 2025

The Royal College of Surgeons of Edinburgh,
The Walker Building, 58 Oxford Street, Birmingham, B5 5NR

Programme

Day 1: Monday 23rd June

0830-0900 **Registration + Coffee**
0900-0915 **Introduction – Why are we here?**
- Miss Kaji Sritharan, Consultant Vascular Surgeon & EYC Course Director

Job Planning: Chair – Mr Ansy Egun

0915-0945 **Your Changing Roles as a Consultant over Time**
- Mr Keith Jones, Consultant Vascular Surgeon, President-Elect VSGBI
0945-1015 **Negotiating a Job Plan that works for you**
- Mr Marco Baroni, Consultant Vascular Surgeon, York
1015-1035 **Discussion**
1035-1055 **Coffee Break**

Complaints: Chair – Prof Ian Chetter

1055-1135 **Why do New Consultants get in Trouble? Complaints to the GMC**
- Mr Nadeem Malik, Employer Liaison Adviser - West Midlands, GMC
1135-1215 **Preventing Complaints Escalating**
- Ms Nicola Lennard, Medico-legal Advisor, MDU
1215-1235 **Discussion**
1240-1330 **Lunch**

Complications: Chair – Mr Marco Baroni

1330-1410 **Vascular Society Reviews – Lessons Learnt**
- Prof Chris Imray, Chair of the Professional Standards Committee
1410-1450 **Developing a Safety Culture in the NHS – the Role of Consultants**
- TBC
1450-1510 **Discussion**
1510-1530 **Coffee Break**

The Emotional Burden of Practice: Chair – Mr Andy Heeps

- 1530 -1630** **Managing the Emotional Burden of Practice**
- Ms Becs Winterborn, Consultant Vascular Surgeon & Certified Coach
with Mr Andy Garnham and Mr Ian Chetter
- 1630-1700** **Failing Intelligently – Learning from the Impact of Failure**
- Miss Caris Grimes, Consultant Colorectal Surgeon, Medway
- 1700-1720** **Discussion**
- 1720-1725** **Close of Day 1**

7PM: COURSE DINNER

Day 2: Tues 24th June

- 0800-0830** **Registration + Coffee**

The Organisation and You: Chair – Mr Andy Garnham

- 0830-0900** **My Career as a Consultant – What I would do differently with the
knowledge I have now**
- Mr Ian Chetter, President VSGBI
- 0900-0930** **Achieving & Maintaining a Work-Life Balance**
- Ms Becs Winterborn, Consultant Vascular Surgeon & Certified Coach
- 0930-1000** **Private Practice – the good, the bad and the ugly**
- Mr Prakash Saha, Consultant Vascular Surgeon, London
- 1000-1020** **Discussion**
- 1020-1040** **Coffee Break**

Coroners Court: Chair – Prof Ian Chetter

- 1040-1110** **Coroner’s Court – a Doctor’s Perspective**
- Ms Rachel Sam, Consultant Vascular Surgeon, Birmingham
- 1110-1140** **Coroner’s Court – a Lawyer’s Perspective**
- Mrs Teresa Hargreaves, Personal injury & Clinical Negligence Barrister,
No5 Chambers, Birmingham
- 1140-1200** **Discussion**
- 1200-1240** **LUNCH**

Culture & Conflict Management: Chair – Mr Ansy Egun

- 1240-1320** **Changing the Culture within the NHS**
- Mr Andy Heeps, Deputy Chief Executive at University Hospitals Sussex
NHS Foundation Trust; Consultant Obstetrician
- 1320-1400** **Managing Conflict within a Team**
- Miss Kaji Sritharan, Consultant Vascular Surgeon & EYC Course Director
- 1400-1420** **Discussion**

1420-1440 **Coffee Break**

Driving Change & Changing the Culture: Chair – Miss Kaji Sritharan

1440-1520 **Developing a Business Plan**

- Mr Dan Carradice, Consultant Vascular Surgeon, Hull

1520-1600 **Making a Difference in the NHS**

- Ms Stella Vig, Consultant Vascular Surgeon & National Medical Director
for Secondary Care and Quality

1600-1620 **Discussion**

1620-1630 **Close of Meeting**

Faculty

1. Miss Kaji Sritharan, York
2. Mr Andrew Garnham, Birmingham
3. Mr Ansy Egun, Preston
4. Prof Ian Chetter, Hull
5. Prof Chris Imray, Coventry
6. Mrs Beccs Winterborn, Bristol
7. Prof Dan Carradice, Hull
8. Mr Andy Heeps, Brighton
9. Mr Keith Jones, Frimley
10. Mrs Teresa Hargreaves, Birmingham
11. Ms Nicola Lennard, MDU
12. Ms Rachel Sam, Birmingham
13. Mr Nadeem Malik, GMC
14. Miss Stella Vig, London
15. Mr Marco Baroni, York
16. Miss Caris Grimes, Medway
17. Mr Prakash Saha, London

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