

ASPIRE Early Year Consultant Course

Course Director: Miss Kaji Sritharan

23rd & 24th June 2025

The Royal College of Surgeons of Edinburgh,
The Walker Building, 58 Oxford Street, Birmingham, B5 5NR

Programme

Day 1: Monday 23rd June

0830-0900	Registration + Coffee
0900-0915	Introduction – Why are we here? - Miss Kaji Sritharan, Consultant Vascular Surgeon & EYC Course Director

Job Planning: Chair – Mr Ansy Egun

0915-0945	Your Changing Roles as a Consultant over Time - Mr Keith Jones, Consultant Vascular Surgeon, President-Elect VSGBI
0945-1015	Negotiating a Job Plan that works for you - Mr Andy Garnham, Consultant Vascular Surgeon, President-Elect VSGBI
1015-1035	Discussion
1035-1055	Coffee Break

Complaints: Chair – Prof Ian Chetter

1055-1125	Why do New Consultants get in Trouble? Complaints to the GMC - Mr Nadeem Malik, Employer Liaison Adviser - West Midlands, GMC
1125-1155	Why do Clinical Negligence Complaints Arise and Mitigating your Risk - Ms Nicola Lennard, Medico-legal Advisor, MDU
1155-1215	Discussion
1215-1300	Lunch

Systems and Change: Chair – Mr Keith Jones

1300-1330	Vascular Society Reviews – Lessons Learnt - Prof Chris Imray, Chair of the Professional Standards Committee
1330-1400	Sexual Harassment in Vascular Surgery – Leading Change - Miss Mei Nortley, Consultant Vascular Surgeon, Oxford
1400-1420	Discussion
1420-1440	Coffee Break

The Emotional Burden of Practice: Chair – Mr Andy Heeps

- 1440 -1520** **Managing the Emotional Burden of Practice**
- Ms Becs Winterborn, Consultant Vascular Surgeon & Certified Coach
with Ian Chetter, Andy Garnham
- 1520-1550** **Failing Intelligently – Learning from the Impact of Failure**
- Miss Caris Grimes, Consultant Colorectal Surgeon, Medway
- 1550-1610** **Discussion**
- 1610-1700** **Optional Session on Mentoring facilitated by Becs Winterborn**

7PM: COURSE DINNER – Ithaas Restaurant

Day 2: Tues 24th June

- 0800-0830** **Registration + Coffee** (Tutorial Room 4, Lower Ground Floor)

Coroners Court: Chair – Prof Ian Chetter

- 0830-0900** **Coroner’s Court – a Doctor’s Perspective**
- Ms Rachel Sam, Consultant Vascular Surgeon, Birmingham
- 0900-0930** **Coroner’s Court – a Lawyer’s Perspective**
- Mrs Teresa Hargreaves, Personal injury & Clinical Negligence Barrister,
No5 Chambers, Birmingham
- 0930-0950** **Discussion**
- 0950-1010** **Coffee Break**

Your Consultant Career – the Choices you make: Chair – Mr Andy Garnham

- 1010-1040** **My Career as a Consultant – What I would do differently with the
knowledge I have now**
- Mr Ian Chetter, President VSGBI
- 1040-1110** **Private Practice – the good, the bad and the ugly**
- Mr Prakash Saha, Consultant Vascular Surgeon, London
- 1110-1140** **Achieving & Maintaining a Work-Life Balance**
- Ms Sam Anthony, Doctors in Distress
- 1140-1200** **Discussion**
- 1200-1240** **LUNCH**

Changing the Culture & Conflict Management: Chair – Mr Ansy Egun

- 1240-1320** **Changing the Culture within the NHS**
- Mr Andy Heeps, Deputy Chief Executive at University Hospitals Sussex
NHS Foundation Trust; Consultant Obstetrician
- 1320-1400** **Managing Conflict within a Team**
- Miss Kaji Sritharan, Consultant Vascular Surgeon & EYC Course Director
- 1400-1420** **Discussion**

1420-1440 **Coffee Break**

Driving Change: Chair – Miss Kaji Sritharan

1440-1520 **Developing a Business Plan**

- Mr Dan Carradice, Consultant Vascular Surgeon, Hull

1520-1600 **Making a Difference in the NHS**

- Ms Stella Vig, Consultant Vascular Surgeon & National Medical Director
for Secondary Care and Quality

1600-1620 **Discussion**

1620-1630 **Close of Meeting**

Faculty

1. Miss Kaji Sritharan, York
2. Mr Andrew Garnham, Birmingham
3. Mr Ansy Egun, Preston
4. Prof Ian Chetter, Hull
5. Prof Chris Imray, Coventry
6. Mr Andy Heeps, Brighton
7. Mr Keith Jones, Frimley
8. Mrs Teresa Hargreaves, Birmingham
9. Ms Nicola Lennard, MDU
10. Ms Rachel Sam, Birmingham
11. Mr Nadeem Malik, GMC
12. Miss Stella Vig, London
13. Mr Prakash Saha, London
14. Miss Mei Nortley, Oxford
15. Prof Dan Carradice, Hull
16. Miss Caris Grimes, London
17. Miss Becc Winterborn, Bristol
18. Miss Sam Anthony, Doctors in Distress

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